

*"Committed to His Will,
His Way, and His Word"*



Mount Olive Baptist Church Announcements FEBRUARY 7, 2021

CELEBRATING

**BLACK
HISTORY
MONTH**

Our Vision Statement

¹⁸"The Spirit of the LORD is upon Me, Because He has anointed Me To preach the gospel to the poor; He has sent Me to heal the broken-hearted, To proclaim liberty to the captives And recovery of sight to the blind, To set at liberty those who are oppressed; ¹⁹To proclaim the acceptable year of the LORD." Luke 4:18-19 (NKJV)

It is the vision of Mount Olive to be a church that is intentional in its efforts to identify and meet the needs of broken, hurt and oppressed people in the greater Glen Allen area through the message and ministry of Jesus Christ.

MOBC CORE VALUES

1. Radical Hospitality
2. Passionate Worship
3. Intentional Faith Development
4. Risk-Taking Mission & Service
5. Extravagant Generosity

Sunday School

8:30 AM

Lesson: "Called to Evangelize"

John 4:25-42

Teacher: Rev. Robert Williams

Call in Number Access Code
1-605-472-5412 AC 229743

Intercessory Prayer via Conference call:

Wednesdays — 6:00 AM - 7:00 AM

Call in Number: **1-978-990-585**

Access Code: **8837843**

Your giving is important and needed.

3 Ways to Give

Online Giving Link:

<https://www.mobcva.org/give>

**online
GIVING**
easy. fast. effective.

TEXT2GIVE

Mail in:

8775 Mt. Olive Ave., Glen Allen, VA 23060

**2021 Theme:
THE YEAR OF**



Matthew 5:16 (NKJV)

¹⁶ "Let your light so shine before men, that they may see your good works and glorify your Father in heaven."

FEBRUARY PREACHING SERIES "From Burnout to Productivity"

1st Sunday - Physical Burnout

2nd Sunday - Relational Burnout

3rd Sunday - Emotional Burnout

4th Sunday - Spiritual Burnout

Today At Mount Olive

Morning Worship Service

VIA Live Stream

10:00 AM



This Week At Mount Olive

Wednesday

6:00 A.M.

Early Morning Prayer

7:00 P.M.

Breakout Bible Study via Zoom

Men, Women & Young Adults

(See details on the inside.)

MOBC COMMUNITY NEWS!!



Season of
Epiphany

January 7 — February 25, 2021

The Pulpit Attire is Green

The color for Epiphany is **GREEN**. The color **GREEN** stands for life and growth. The color of the table cloth on the Communion table and podium are changed to **GREEN** to indicate the season. The "pulpit dress" is changed according to the season of the Christian Calendar.



Theme For This Quarter: "CALL IN THE NEW TESTAMENT"

This quarter examines God's call in stories from the New Testament. The greatest call came to Jesus. Other calls in the New testament led to the extension of Christian ministry into the world.

UNIT 3 * THE CALL OF WOMEN

This five-week study highlights women in ministry. The first lesson focuses on prophesying women mentioned in the New Testament. The second lesson focuses on the Samaritan woman's evangelistic ministry. Lesson 3 explores Mary Magdalene's call to unwavering discipleship. Lesson 4 gives an opportunity to study the impact of Priscilla's ministry. The final lesson focuses on Lydia's call to service and hospitality.

NEXT WEEK'S LESSON: February 14, 2021

"Mary Magdalene: A Faithful Disciple"

Luke 8:1-3; Mark 15:40; John 20:10-18

Being a truly committed follower of someone is often difficult, but some people reveal consistent loyalty no matter what happens. How do you show your loyalty and faithfulness? Mary Magdalene demonstrated her unwavering discipleship and loyalty to Jesus through her actions.

- * **MONDAY: Jesus Appears to Paul**
1 Corinthians 15:1-11
- * **TUESDAY: Present with Jesus at the Cross**
John 19:25-30
- * **WEDNESDAY: Spices Prepared to Anoint Jesus' Body**
Mark 16:1-8
- * **THURSDAY: Mary Magdalene Finds an Empty Tomb**
John 20:1-9
- * **FRIDAY: Angel Confirms Jesus' Resurrection to Women**
Matthew 28:1-10
- * **SATURDAY: Jesus Appears, Disciples Sent into Ministry**
John 20:19-23
- * **SUNDAY: Mary Magdalene, Faithful Disciple**
Luke 8:1-3; Mark 15:40; John 20:10-18



HOW TO ACCEPT JESUS CHRIST INTO YOUR HEART

Perhaps while reading the announcements you realized you have never made a Christian commitment. Don't delay that decision! We encourage you to embrace God's love today and receive the salvation that only Jesus Christ gives. Here are five simple steps you can take to find assurance of salvation.

1. **Recognize your need.** The Bible tells us that "all have sinned and fall short of the glory of God." (Rom. 3:23) All of us are sinners, and we must admit our need for a Savior.
2. **Repent of your sins.** Our sins create a wall that separates us from God. By confessing our sins and turning from them, you will find forgiveness. The Bible promises: "If we confess our sins, He is faithful and righteous to forgive us our sins and to cleanse us from all unrighteousness" (1 John 1:9).
3. **Believe in Jesus.** God sent His only Son to die so that He could pay for all our sins. Put your faith in Him and believe in His power to save you. The Bible says, "For God so loved the world, that He gave His only begotten Son, that whoever believes in Him shall not perish, but have eternal life" (John 3:16).
4. **Receive His salvation.** God has given us a great gift in His Son, but we must receive His gift. Thank Him for loving and forgiving you, and ask Him to live in your heart. His promise to us is clear: "But as many as received Him, to them He gave the right to become children of God" (John 1:12).
5. **Confess your faith.** The Bible assures us: "If you confess with your mouth, 'Jesus is Lord,' and believe in your heart that God raised Him from the dead, you will be saved" (Rom. 10:9). You have been born again and are now part of God's family. Tell someone else what Jesus has done in your life!

Heavenly Father, I now understand my need to have my sins forgiven. I also realize that only Jesus — because of His sacrifice on the cross — can forgive my sin. I put my faith and trust in Jesus today. Please forgive me and become the Lord of my life.

Sermon Highlights

January 31, 2021

Rev. Robert Williams, Associate Minister, MOBC

Title: "God's Purpose For Sharing"

Text: Mark 8:34-37

Main Idea: God's purpose for sharing is a GPS. He gives instructions through His word. Whenever the Lord gives directions, understand it is one of the best ways that you can get your blessings. Three points to God's purpose for sharing:

- Main Points:**
- 1) Knowing what's to come.
 - 2) True-life.
 - 3) He loves us enough to share it.

"What We Believe" Article of Faith of the Month



XVIII. THE WORLD TO COME.

We believe the Scriptures teach that the end of the world is approaching; that at the last day, Christ will descend from heaven, and raise the dead from the grave for final retribution; that a solemn separation will then take place; that the wicked will be adjudged to endless punishment, and the righteous to endless joy; and that this judgment will fix forever the final state of men in heaven or hell, on principles of righteousness.



Est. 1867

Mount Olive Baptist Church
 8775 Mt. Olive Avenue
 Glen Allen, VA 23060
 Phone: (804) 262-9614 Fax: (804) 262-2397



CHURCH STAFF Directory

Rev. Darryl G. Thompson, Pastor
 (804) 495-5951 (C)

E-mail: (Pastor) - pastorthompson@mobcva.org

Church Administrator: Sis. Martha Styles

E-mail: Churchadm@mobcva.org

Administrative Assistant: Rev. Allison D. Roldán

(Office E-Mail) - Secretary@mobcva.org

Director of Christian Ed.: Rev. Deborah A. Simmons

E-Mail: ChristianEd@mobcva.org

Minister of Children/Youth: Rev. Kelly A. Evans

E-Mail: Youthmin@mobcva.org

Financial Secretary:

E-Mail: Finance@mobcva.org

Custodian (Day): Bro. Howard Williams

(804) 350-5097

Custodian (Evening): Mr. Jerome Allsbrooks

(804) 350-2283

Office Hours:
Monday - Friday
9:00 a.m. - 5:00 p.m.

Pastor's Appointment Hours:
Monday - 2:00 p.m. - 7:00 p.m.
Tuesday - 10:00 a.m. - 3:00 p.m.

ANNOUNCEMENTS DEADLINE:

Deadline for bulletin and media information is 12:30 p.m. each Wednesday. Please email information to:

Secretary@mobcva.org or call the church office at (804) 262-9614.

Thank You!

Thanks and appreciation have been expressed by:

Joshua Stutz, Director of Development, HomeAgain

All thank you acknowledgements are posted on the bulletin board outside of the church office.

On Call February 2020

Deacon on Call

Calvin Gay.....262-9697

Alvin Roane.....262-4246

Deaconess on Call

Brenda Baskfield.....527-0226

Daphne Johnson..... 690-2008

Trustee on Call

Lee Pritchett.....553-1472

Robin Roane.....262-4246

James Debnam.....306-4038

Associate Minister on Call

Rev. Dr. D. Mack-Tatum....266-7663

Bereavement Support on Call

Sis. Sandy Morris.....304-3028

VIEW MOUNT OLIVE WEEKLY
 ANNOUNCEMENTS ON
 THE WEB

Go to:

www.mobcva.org

Then click on Weekly
 Bulletin.



**online
GIVING**
 easy. fast. effective.

TEXT2GIVE

**f Find us on
Facebook**

**You
Tube**

twitter



Children's Church

February 14, 2021

via Zoom @ 10:00 AM

**CANCELLED UNTIL FURTHER
 NOTICE.**



Nursery open for children
 3 months to age 6 during Worship Service

Teen EXPERIENCE

2nd, 3rd & 5th Sunday's
Ages 12-18



CHOIR
Rehearsals



CANCELLED
UNTIL FURTHER NOTICE

Enter His Gates with Thanksgiving and His Courts with Praise....

Psalm 100:4

Please Reverence the House of God:

- * Enter to Worship
- * Connect with the Spirit of God
- * Meditate on God's Word
- * Focus on God's Glory
- * Welcome God's Presence
- * Invite God into your life today
- * Honor God with the fruit of your lips.

Let all things be done decently and in order. 1 Corinthians 14:40

**Please refrain from eating, drinking and talking on cell phones
 in the sanctuary.**



The Beyond! Conference is back for 2021. Join leaders, volunteers and staff from hundreds of churches and nonprofit organizations from across the country to learn best practices and to gain tools to take your ministry up, over, above and beyond!

This is a unique conference that provides practical tools and strategies to advance churches and organizations. You'll hear from leaders in the areas of Music and Arts, Church Operations, Christian Education, Communications, Community Impact and Christian Business. You will also learn best practices to evaluate operating methods and steps to take your ministry, small business or nonprofit to the next level.

The goal of the Beyond Conference is to empower leaders to hear, capture and implement a God-given vision in order to remain relevant and sustainable during the current pandemic and in the years to come.

Date: Saturday, June 19, 2021 – General Sessions and Workshops

Time: 8:30 AM – 2:30 PM

Location: This year's conference is being held virtually

Hosted By: First Baptist Church of Glenarden

Registration for the conference is now open. There are 15 registration openings available on a first come first serve basis. To register please email Rev. Deborah Simmons @ ChristianEd@mobcva.org or call the Church Office at 804-262-9614. Registration deadline February 21, 2021.

February Health Segment



What is Insomnia?

Insomnia is characterized by an inability to obtain an adequate amount of sleep to feel rested. It can be due to either difficulty falling or staying asleep. It may also result in waking earlier than desired. The sleep is often reported to be of chronically poor quality, light, and unrefreshing. As a result of this, people with insomnia suffer from daytime symptoms like poor attention, irritability, and reduced energy.

Fact

Trouble falling or staying asleep could be a disorder.

The **National Institutes of Health** estimates that roughly 30 percent of the general population complains of sleep disruption, and approximately 10 percent have associated symptoms of daytime functional impairment consistent with the diagnosis of insomnia.

Causes

Insomnia can be caused by unhealthy sleep habits, specific substances such as alcohol, nicotine and caffeine, certain biological factors, and psychiatric and medical conditions such as depression, anxiety, chronic pain, low back pain, nasal/sinus allergies, reflux, hyperthyroidism, arthritis, asthma, sleep apnea, restless leg syndrome, and stress.

Symptoms associated with insomnia include:

- Fatigue or daytime sleepiness
- Malaise (feeling unwell), Reduced energy or motivation
- Poor attention or concentration
- Impaired performance (errors, accidents)
- Headache, upset stomach, and chronic pain complaints

Diagnosis

Insomnia is diagnosed usually based on a careful history alone. In some cases, a sleep log, multiple sleep latency test (MSLT), sleep-wake actigraphy, or a sleep study (polysomnogram) may provide corroborative evidence or be used to rule out other sleep conditions like circadian rhythm disorder or sleep apnea.

Treatment

If insomnia results in disrupted daytime function, especially if it persists chronically, it may require treatment. Treatment options include cognitive behavioral therapy, aromatherapy, stimulus control. Additional tips to combat insomnia include create a relaxing environment 30 minutes prior to bed such as dimming lights, disconnect from close-range electronic devices such as laptops, phones, and tablets, as the light from their screens can alert the brain and make it harder to fall asleep, avoid daytime naps, wake up the same time each day.

For more on the information, visit <https://www.verywellhealth.com/> or www.sleepfoundation.org/sleep-disorders/insomnia



Questions Regarding the COVID 19 Vaccine?

Please join the Mount Olive Healthcare Ministry
and
the Henrico and Richmond Health Districts for a Virtual Presentation

When: Wednesday, February 17, 2021

Time: 3:30 PM – 4:30 PM

Cost: This event is free to the public

To tailor the presentation to your needs, the Henrico and Richmond Health Districts are asking attendees to submit their questions prior to the event. Please email your questions to Stacy Jones at smjonesmsn@gmail.com, **no later than Friday, February 12, 2021**. You may also **register for this event** by sending an email to Stacy Jones at the address above.

This event will be recorded

Maximum Capacity – 100 Attendees

YMCA OF GREATER RICHMOND COMMUNITY CONVERSATION

COVID-19 VACCINE



HENRICO COUNTY
HEALTH DISTRICT



RICHMOND CITY
HEALTH DISTRICT



January 27 • February 8 and 17
VIRTUAL EVENT

The YMCA OF GREATER RICHMOND will be hosting the Richmond and Henrico Local Health Districts to discuss the new COVID-19 vaccines with health care experts. This 1-hour virtual event will include information regarding the vaccine and who should consider receiving it along with an opportunity for Q&A.

This FREE event requires pre-registration to receive the virtual event link.



Wednesday, January 27 • Noon – 1 p.m.
bit.ly/covid-jan27



Monday, February 8 • 5:30 – 6:30 p.m.
bit.ly/covid-feb8



Wednesday, February 17 • 5 – 6 p.m.
bit.ly/covid-feb17

